Advanced
Oral & Facial Surgery
OF THE TRIAD

900 Old Winston Rd Ste 204 Kernersville, NC 27284
(336) 992-2123

Surgery Appointment: _____

***Please arrive for check-in:_____**

YOUR APPOINTMENT…

If you must cancel your appointment**, please give us at least 48 hours' notice**. If you fail to give us 48 hour notice, you will be charged a **broken appointment fee of $100.00 or 10% of the surgery cost**, whichever is greater. You will need to pay this before any further treatment can be performed by us, and after two failures, we will decline to treat you. If there are circumstances beyond your control, these will be considered, but will need to be verified for this fee to be waived.

Please be sure to drink plenty of water the day prior to your surgery, to ensure you will be hydrated on the day of surgery!

YOUR ANESTHESIA…

- ✓ **If** you are having intravenous anesthesia ("going to sleep") please **do not eat anything for at least 8 hours** before your appointed time.
- ✓ You may have **small sips of water or small sips of black coffee up to 2 hours prior** to your surgery.
- ✓ You must be accompanied by one driver, at least 18 years of age, who can stay with you at least 2 hours after your surgery. **Your driver must remain on the premises until the surgical procedures are completed. The patient will likely still be unsteady upon arriving home, so the driver will need to be able to escort them into the house**. Please do not bring small children.
- ✓ Relatives of the patient will not be allowed in the operatory during anesthesia and surgery.

MEDICATIONS AND OTHER PREPARATIONS…

If you were given pre-operative medications to take, please remember to do so with a sip of water. *If you have been prescribed an antibiotic it is advised to take it with a probiotic.* You **should** take **all** medications that you normally do at the time you normally take them unless directed not to do so by your doctor. DO NOT USE ANY ILLEGAL DRUGS OR ALCOHOL 24 HOURS PRIOR TO SURGERY.

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- ✓ Please wear loose fitting clothing. A short sleeved shirt is best, especially if you are having IV anesthesia.
- ✓ Please leave all jewelry at home, especially bracelets. Please remove all facial jewelry/piercings.
- ✓ **Do NOT wear flip-flops.**

If you are having IV anesthesia, please remove nail polish or false nails from one finger on your right hand before your appointment.

If you wear contact lenses, only extended wear lenses are permissible if you are having IV anesthesia.

ITEMS TO HAVE AT HOME PRIOR TO SURGERY TO HELP WITH POST-OPERATIVE CARE…

There are a few items we recommend to have on hand to help you treat post-operative pain and swelling. The items include the following:

- Extra Strength Tylenol (500mg or 650mg)
  - **FOR KIDS under 120lbs** have Regular Strength Tylenol (325mg) available
- A bag of frozen peas and/or corn
- Ziploc bags
- Scarf

The frozen peas or corn can be used as an ice pack to help with swelling. You can use a scarf to help hold the ice packs in place.

Soft foods to have for after surgery:

Soups, broths, smoothies, yogurt, mashed potatoes, eggs, oatmeal, avocados, bananas, ice cream, applesauce, hummus, cottage cheese & fish are just a few items.

You will want to try to avoid raw fruits/veggies, hard breads, crackers, nuts, seeds, and chewy / spicy foods.

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